



“I highly recommend it.”

David Cork, best-selling author of *The Pig and The Python*

"This is the most accessible book about personal finance since *The Wealthy Barber*"

Dave Fisher, CJAD Radio, Montreal

No Regrets: A Common Sense Guide to Achieving and Affording Your Life Goals
By Robert Abboud, CFP

You can live life with no regrets—really.

*Many people are so busy on the treadmill of life that they forget about what they really want to get out of life. We need to ask ourselves, what are our life goal? Aand then we need to build a plan to make sure we achieve these goals. With a unique approach to financial planning called [Life Goals Planning](#), author Robert Abboud shows you how in ***No Regrets, A Common Sense Guide to Achieving and Affording Your Life Goals*** (Book Coach Press).*

No Regrets is based on Robert's 15+ years in helping clients achieve their life goals. Robert, a Certified Financial Planner, walks the walk as many of his life goals are being achieved, including regular family getaways to Cuba, writing a book, a four-day workweek and riding a motorcycle.

Canadians are flooded with investment guides and how-to-get-rich handbooks, but have they ever really stopped to figure out what money can and should do for them? This book will make them stop and think about not only money, but also about life and what really matters. Money becomes the necessary tool to work with to achieve your life goals.

*It's amazing how implementing just a few suggestions from *No Regrets* can get you on track to reaching your life goals. Many people who use the suggestions say they have never felt more in control of their money and look forward to accomplishing their next life goal.*

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- STOP running on the treadmill of life. START figuring out what your real life goals are.
- STOP putting off that dream vacation. START writing down your goals and working towards making them a reality.
- STOP running out of money before the month is over. START the envelope system to gain control of your cash flow.
- STOP worrying about whether your mutual fund is the “hottest” one on the market. Start simplifying and automating your investment and retirement.
- STOP not knowing if you can retire. START getting help from a Personal Finance Coach that will get you there.

No Regrets is a personal finance book plus a life planner. This step-by-step guide shows you how to set your life and financial goals, how to control your cash flow and what to look for in a Personal Finance Coach. This is the complete solution written in a simple, clear and easy to understand format. *No Regrets takes about an hour to read, but the results can last a lifetime.*

No Regrets: A Common Sense Guide to Achieving and Affording Your Life Goals *ISBN: 973907169 * Price: \$16.95 * 104 pages *www.noregretsbook.com

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